

FALL + WINTER '24-'25

MOORHEAD

PARKS & RECREATION



PROGRAMS & EVENTS FOR YOUTH & ADULTS | MOORHEADPARKS.COM



QUALITY PARTS



DUGGAN'S AUTO SERVICE CENTER



1405 Main Avenue • Moorhead
218-233-9169



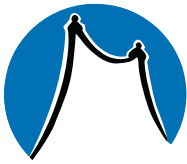
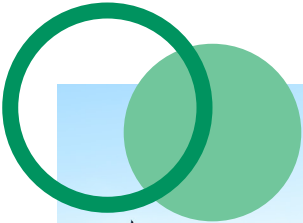
pepsi



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MOORHEAD PARKS & RECREATION**

Thank You **TO OUR SPONSORS AND PARTNERS!**





PARKS AND RECREATION
 moorheadparks.com

The mission of Moorhead Parks and Recreation is to enrich the lives of its citizens by providing a comprehensive system of parks and affordable, diverse recreation programs that encourage health, fitness, relaxation, and cultural enrichment, as well as providing opportunities for community involvement.

  @moorheadparksandrec

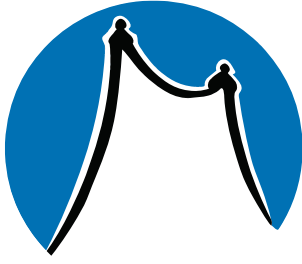
Tobacco-Free Policy

No person shall smoke or vape tobacco, hemp, cannabis or reactive products or dispose of ash, cigarette butts, or any other tobacco-cannabis-or hemp related waste while in specific areas of the Parks. These areas include, but are not limited to; playgrounds, picnic shelters, skating rinks, athletic complexes (Southside Regional Park, Matson and Centennial), pools, neighborhood recreation centers, and dog parks. Specific events and areas of the parks may also be designated as tobacco-hemp-and cannabis free.



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PARKS AND RECREATION

moorheadparks.com

1300 15 Ave N, Moorhead, MN 56560 | Monday-Friday, 8 am-4:30 pm
218.299.5340 | Email: parkandrec@moorheadmn.gov
Register online at moorheadparks.activityreg.com

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Melissa Discher Recreation Program Supervisor
Trevor Magnuson Recreation Program Supervisor
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Michelle Romon Figure Skating Coordinator
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GOLF COURSES

Jay Haug The Meadows Golf Manager
Todd Grimm... The Meadows Course Superintendent
Russ Nelson Village Green Golf Professional
Rick Dauner Village Green Course Superintendent

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Michelle Griffin..... Cultural Center Coordinator
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DIRECTORY

FACILITIES/ORGANIZATIONS

Parks & Recreation 218.299.5340
Hjemkomst Center..... 218.299.5515
Golf Courses 218.299.7888
Municipal Pool..... 218.299.5364
Senior Center..... 218.299.5514
Moorhead Sports Center 218.233.5021
Moorhead Library..... 218.233.7594

CITY OF MOORHEAD

City Hall 218.299.5166
Public Works..... 218.299.5422
Forestry | Streets | Sanitation | Park Maintenance
Police (Non-Emergency) 218.299.5120
Fire (Non-Emergency)..... 218.299.5298
MATBus 701.232.7500
Neighborhood Services 218.299.5434

PROGRAM UPDATES AND WEATHER-RELATED ANNOUNCEMENTS

Sent via text and email, and posted on facebook.com/moorheadparksandrec

REFUND POLICY

Notification to the Parks and Recreation office is required two business days before the first class for a refund to be issued.

SCHOLARSHIP PROGRAM

Turn to pages 33-34 of this brochure for the registration form and scholarship application. To apply or for more information, call 218.299.5340 or email parkandrec@moorheadmn.gov.

NOW HIRING!

Seasonal part-time positions are available for fall and winter. Program, events and maintenance opportunities include:

- Special Events Assistants
- Swim Instructors
- After School Program Leaders
- Preschool Program Leaders
- Warming House Attendants
- Hjemkomst Center Building Attendants
- Ski Attendants
- Youth Sport Instructors
- Recreation Facility Attendants

APPLY TODAY

cityofmoorhead.com/employment

How do you BUILD *a legacy?*



Donate today!

Turn concepts and dreams for your community into amenities and experiences. Visit Mhd.fund or the FM Area Foundation to donate. Proposed concept: Moorhead Baseball Stadium | Matson Field



Spend your afternoon creating fun pottery pieces with local artist, Carrie Ness-Savageau! In each of these classes, artists will hand build and paint unique pottery pieces. Their art will then be kiln-fired and glazed to create a long lasting, beautiful piece of art!

CLAY BIRDS

No need to wing it! In this class, you'll get to sculpt your very own feathery friend out of clay. Kiln-fired, finished projects will be ready for pickup at the Parks and Recreation office by Oct 8.

Date	Day	Time
Sept. 14	Saturday	1-3 pm
Age	Location	Fee
6+	Alm Park	\$30.00

Min 12/Max 18

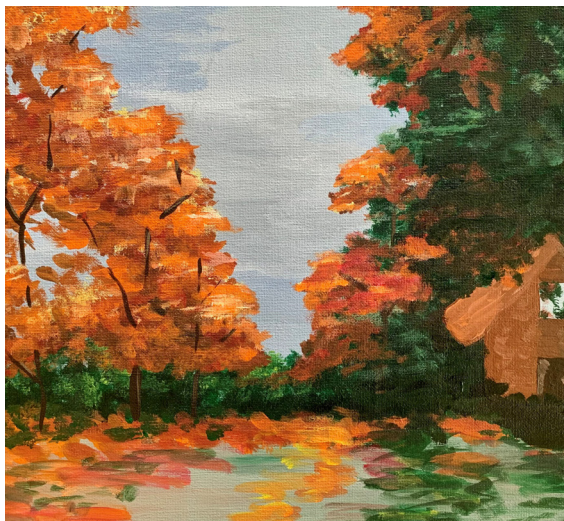


CLAY PUMPKINS

Get into the autumn spirit with this creative clay class! Construct adorable pinch pots in the shape of a harvest pumpkin. Kiln-fired, finished projects will be ready for pick up at the Parks and Recreation office by Nov 5.

Date	Day	Time
Oct. 12	Saturday	1-3 pm
Age	Location	Fee
6+	Alm Park	\$30.00

Min 12/Max 18



AUTUMN SPLENDOR



Embrace the breathtaking beauty of autumn in this painting class designed exclusively for adults. Immerse yourself in the vibrant hues of the fall season as you explore the art of capturing scenic landscapes on canvas. Whether you're an experienced artist or a novice enthusiast, this class welcomes individuals of all skill levels.

Date	Day	Time
Oct. 24	Thursday	6:30-8 pm
Age	Location	Fee
18+	Alm Park	\$12.00

Min 5/Max 12

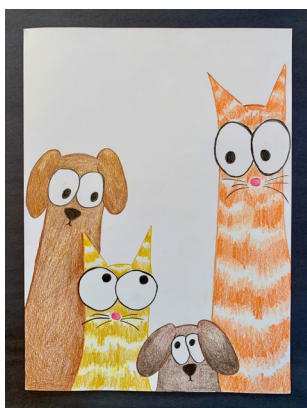
ADULT/CHILD
CLASS!

AUTUMN TRUCK

Embark on a creative autumn adventure with your child in this parent/child painting class! Explore the joys of painting that focus on the strong and beautiful colors we experience during the fall season. The adult attending must be 18 or older. Please register by the child's name.

Date	Day	Time
Nov. 12	Tuesday	6-7:30 pm
Age	Location	Fee
9-13	Alm Park	\$18.00

Min 4/Max 8



FUNNY ANIMALS

Unleash your imagination and sense of humor by creating your own funny animals! Explore how colored pencils can create dynamic colors and textures.

Date	Day	Time
Nov. 21	Thursday	6-7 pm
Age	Location	Fee
6-9	Alm Park	\$10.00

Min 4/Max 8

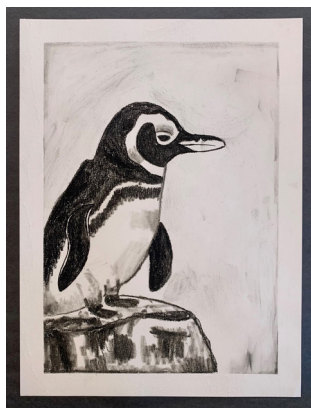
ADULT/CHILD
CLASS!

WINTER GNOME

Enter the enchanting world of winter gnomes in our special parent/child oil pastel class! Join this delightful journey of creativity and imagination as we bring these whimsical characters to life. The adult attending must be 18 or older. Please register by the child's name.

Date	Day	Time
Dec. 3	Tuesday	6-7 pm
Age	Location	Fee
7-10	Alm Park	\$18.00

Min 4/Max 8



ARCTIC PENGUIN

Let's take an artistic journey to the icy realms of the Arctic! Artist will learn how to create visually smooth and textured areas with charcoal.

Date	Day	Time
Dec. 12	Thursday	6-7:30 pm
Age	Location	Fee
9-13	Alm Park	\$12.00

Min 5/Max 12



TINY TREASURES

Let your preschooler explore with us! This camp includes art, story-time, music, and games. This is a drop-off program, and all participants must be toilet trained.

Dates	Days	Time	Ages	Location	Fee
Oct. 26-Nov. 16	Saturday	9:30-11 am	3-5	Village Green Park	\$15.00

Min 8/Max 15

AFTER SCHOOL ADVENTURES



Participants will experience a variety of enjoyable activities including games, sports, science projects, and expression through art, music, and drama. Homework assistance will be available, as well as a chance for socialization and making new friends!

This program is funded from resources provided to the City of Moorhead through the Community Development Block Grant. To register, please email the Parks and Recreation Office at parkandrec@moorheadmn.gov and they will provide you with the information needed.

Dates		Days
Sept. 9-Dec. 20		Monday-Friday
Time	Location	Ages
3-5:30 pm	Village Green Park	5-12

Max 25 ▪ No program Sept. 27, Oct. 16, 17, 18 and Nov. 11, 27, 28, 29



RED CROSS BABYSITTING COURSE

This hands-on course will teach you to be a professional, reliable babysitter while having safety as your first priority. You will learn how to recognize and respond to emergencies, choose age-appropriate activities, and recognize and handle a range of behaviors. If participants pass the written pediatric first aid and CPR exam, they will receive certification through the American Red Cross valid for 2 years. Participants will provide their own lunch.

Dates	Day	Time	Location	Age	Fees
Sept. 7	Saturday	9 am-4 pm	Parks & Recreation Office 1300 15th Ave N, Moorhead	11-14	\$70.00
Sept. 14					
Oct. 6	Sunday				
Dec. 15					

Min 4/Max 8

MINI BASKETBALL

This introductory program for young boys and girls teaches the basics of the game of basketball. Learn fundamentals of the game using junior-size basketballs and six-foot baskets. The first 3 weeks of this program will focus on skill based drills and the following 3 weeks on skill review and scrimmages. Shirts will be provided.

Dates	Day	Times	Grades	Location	Fee
Jan. 7-Feb. 13	Tuesdays & Thursdays	5:30-6:30 pm	1 & 2	Ellen Hopkins Elementary	\$60.00
					\$80.00 after Dec. 8

Min 10/Max 30

YOUTH BASKETBALL

Learn the value of teamwork in this six week coed basketball program! Participants will learn and practice different types of drills and techniques and develop through skill based stations and games. The first three weeks of this program focus on skill development with the last three weeks focusing on skill review and scrimmages.

Date	Day	Time
Jan. 7-Feb. 13	Tuesdays & Thursdays	6:45-7:45 pm
Grades	Location	Fee
3 & 4	Ellen Hopkins Elementary	\$60.00
		\$80.00 after Dec. 8

Min 10/Max 30



OPEN GYM (BASKETBALL & VOLLEYBALL)

Get active this winter at youth open gym! Regular and junior basketballs and volleyball equipment will be available. These days are free and open to the public!

Dates	Activity	Day	Times	Location	Age	Fee
Oct. 5-Mar. 29	Youth Open Gym	Saturday	10 am-3 pm	Ellen Hopkins Elementary	17 and under	Free

No Youth Open Gym Nov. 30 and Dec. 28

ADULT OPEN PICKLEBALL

Get active and compete against friends and others at adult open pickleball! This program is for all adults of all skill levels, 18+. Equipment is available for use, games will be played to 7, to allow for players to rotate in and out.

Dates	Day	Times	Location	Age	Fee
Oct. 8-Apr. 8	Tuesdays & Thursdays	6:30-9 pm	Community Life Center	18+	\$5/day \$40 punch card
	Saturday	9 am-12 pm			

No Program Oct. 24 and 31, Nov. 5 and 28, Dec. 24, 26, and 31, Jan. 2





TAE KWON DO

Participants learn to reach their full potential with our confidence-building martial arts program. Master instructor Roy Gilbertson provides expert training in a fun and safe environment to produce positive results. Our belt promotion curriculum focuses on many areas of Tae Kwon Do, progressively improving each student’s skills and abilities.

New participants:

All information (uniforms, belt promotion, etc.) will be provided by your instructor on the first day.

Level	Dates	Days	Times	Ages	Location	Fee
Beginner & Advanced/Black Belt	Sept. 3-26	Tuesdays & Thursdays	Beginner 4:30-5:30 pm or 5:30-6:30 pm Advanced/Black Belt 6:30-7:30 pm	Beginner & Advanced 5+ Adults & Black Belt 15+	Northwest Martial Arts 1430 Main Ave, Fargo, ND 58103	\$80.00
	Oct. 1-29					
	Nov. 5-26					
	Dec. 3-19					
	Jan. 7-30					
Feb. 4-27						

Oct. and Nov. sessions will have one makeup date. Dec. session will have two makeup dates.

No program Oct. 17

Level	Dates	Days	Times	Ages	Location	Fee
Beginner	Sept. 4-30	Mondays & Wednesdays	Beginner 5-6 pm	Beginner 5+	Northwest Martial Arts 1430 Main Ave, Fargo, ND 58103	\$80.00
	Oct. 2-30					
	Nov. 4-25					
	Dec. 2-18					
	Jan. 6-29					
Feb. 3-26						

Nov. and Dec. session will have two makeup dates. Jan., and Feb. sessions will have one makeup date.

No program Oct. 16, Nov. 11 or Jan. 20, and Feb. 17



REGISTER ONLINE!

FALL + WINTER 2024-'25 PROGRAMS FOR YOUTH & ADULTS



Scan the QR Code to log in or create an account and enroll in our Fall + Winter activities!

moorheadparks.activityreg.com
📞 218.299.5340



SHOU SHU MARTIAL ARTS

(218) 512-0142

Kids

Teens

Adult

Offering:

- Shou Shu Kung Fu
- Brazilian Jiu Jitsu
- Warriors and Weights

4 Weeks of classes
for only **\$50**

www.shoushufm.com

900 1st Ave N, Moorhead, MN 56560

TRY HOCKEY FREE

September 9th & 10th - Cullen Hockey Center

- ➔ GIRLS & BOYS ON ICE SESSIONS
- ➔ NO SKATING EXPERIENCE NECESSARY!
- ➔ WE PROVIDE THE EQUIPMENT!

FOR DETAILS & REGISTRATION



OPEN SKATING



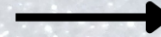
MOORHEAD SPORTS CENTER
2400 4TH AVE S,
MOORHEAD

\$5 SKATER
\$10 FAMILY
\$2 SKATE RENTAL

October through March
EVERY SUNDAY
2:15PM - 4:15PM

Enter through
NEW ATHLETIC ENTRANCE
on the NE side of HS

Open Skate
Calendar & Info



REGISTRATION OPEN

MOORHEAD YOUTH HOCKEY ASSOCIATION

GIRLS & BOYS - 4 YEARS & UP (BORN BEFORE 5/31/2020)

*There is no better time to be a part of Moorhead Youth Hockey!
We have incredible players, coaches, fans, facilities, staff,
& a winning tradition to be proud of! We welcome you back,
or invite you to join the Moorhead Youth Hockey Program.*

*If you are ready to register or new to hockey and
want to learn more just scan the QR below!*

For more info: www.moorheadyouthhockey.com

📞 218-233-5021





Special Olympics

AREA 4 COMPETITIONS

Basketball

February-April
Moorhead Practices
Contact Wayne Brendemuhl
at 218.790.0073.

Special Olympics is a celebration of human spirit. Through participation in this year-round programming, training and athletic competition, athletes gain confidence and build a positive self image.

With questions, email moorheadsomn@gmail.com.
[facebook.com/MoorheadSpecialOlympics](https://www.facebook.com/MoorheadSpecialOlympics)



ADAPTED ICE HOCKEY FOR INDIVIDUALS WITH SPECIAL NEEDS IN THE MOORHEAD AREA.

SIGN UP TODAY!

To Play Or Volunteer Contact: Jackie Beedy
JLBeedy@gmail.com 218-329-1808
www.MNSpecialHockey.org



ADAPTIVE PROGRAMS

The Fargo Park District offers fall and winter programming to those with special needs, including an Adaptive Bowling League and Adaptive Tae Kwon Do.

For more information, contact Fargo Parks at 701.499.6060.



Learn the basic skills of ice skating with our Skate with Us program. These popular winter lessons are the basis for our annual skate event, the Moorhead Ice Show.

MONDAY SKATE WITH US

Session I: Oct. 14-Dec. 2 Session II: Jan. 6-Feb. 24		
Levels	Times	Fees
Tots A (Ages 3+)	7:30-8 pm	\$43.00
Tots B (Ages 3+)	8-8:30 pm	
Basic 1	7:30-8:15 pm	\$47.00
Basic 2	7:30-8:15 pm	
Basic 3 & 4	7:30-8:15 pm	
Basic 5 & 6	7:30-8:15 pm	
Novice Patch/ Advanced Adults	8:15-9 pm	\$52.00



SATURDAY SKATE WITH US

Session I: Oct. 12-Dec. 7 Session II: Jan. 4-Feb. 22		
Levels	Times	Fees
Tots A (Ages 3+)	8:45-9:15 am	\$43.00
Tots B (Ages 3+)	9:30-10 am	
Tots C (Ages 3+)	10:15-10:45 am	
Tots D (Ages 3+)	11:15-11:45 am	
Basic 1A	9:15-10 am	\$47.00
Basic 1B	10-10:45 am	
Basic 1C	11-11:45 am	
Basic 2A	9:15-10 am	
Basic 2B	10-10:45 am	
Basic 2C	11-11:45 am	
Basic 3 & 4 A	8:30-9:15 am	
Basic 3 & 4 B	9:15-10 am	
Basic 3 & 4 C	10-10:45 am	
Basic 5 & 6 A	9:15-10 am	\$55.00
Basic 5 & 6 B	11-11:45 am	
Beginner Adult	8:30-9:15 am	
Hockey Skills: Mites & Squirts A	8:30-9:15 am	
Hockey Skills: Rookies	10-10:45 am	\$52.00
Beginner Adult	11-11:45 am	
Novice Patch/Advanced Adult	11:45 am-12:30 pm	

No program: November 30 and February 15. Makeup for Feb. 15 will be Feb. 16, 1-3:15 pm.

All lessons are taught at the Moorhead Sports Center, 2400 4th Ave S. Participants must provide their own skates. Weather-related cancellations will not be made up or refunded.

Levels	Course Content
Tots	Recommended for skaters that are unable to get across ice alone or fall often. Should have some skating experience. It is recommended that participants attend a few open skate sessions before enrolling in a class. Instruction includes getting up from a fall, marching in place, forward skating, and beginning stops. Helmets are required for this level. Max 5
Basic 1	If skater can make it across the rink without falling, they are ready for Basic 1. Participants will learn skating and gliding forward, stopping, two-foot hops and bubbles, as well as an introduction to backward skating and gliding. Helmets are strongly recommended for this level. Max 10
Basic 2	Participants will learn backward skating and one foot gliding. Max 10
Basic 3 & 4	Participants will learn forward skating using blades rather than marching and be introduced to edges, crossovers, and three turns. Max 10
Basic 5 & 6	Skaters will learn backward edges, backward crossovers, hockey stops and one-foot spins, as well as t-stops, spirals, lunges, and bunny hops. Max 10
Hockey Skills	Designed for skaters that are currently in hockey and/or have passed Basic 3. Must be able to skate backwards and turn from forward to backwards with ease. Skaters must have the proper basics since instruction covers balance, edge work, and many advanced drills. This class is not for Tots or Basic 1 skaters who plan to play hockey in the future. Skaters must complete Basic 3 before entering Hockey Skills and register at their hockey level. This level concentrates just on skating. It is recommended skaters wear helmets and gloves. Hockey sticks are not used. Max 10
Novice Patch/ Advanced Adult	Focus is more extensively on edge work, turns, small jumps, and spins. Once you begin the freestyle and dance levels, instruction will include several new jumps and spins, as well as dance steps. Min 4/Max 25

SAVE THE DATE!

MOORHEAD ICE SHOW

March 21, 7 pm • March 22, 7 pm • March 23, 1 pm

Ice Show forms will be distributed in class Nov. 23 and 25, Dec. 2 and 7, Jan. 4 and 6. Please be sure to make arrangements if you miss class on these dates. **DEADLINE FOR REGISTRATIONS IS FRIDAY, JAN. 10.**

Forms must be turned in by this date. If mailing forms, please postmark by Jan.8.

ADVANCED SKATER ICE TIME

Skaters must be signed up for private lessons in order to skate during Advanced Skater Ice Time. The figure skating coordinator will provide registration information to interested skaters. With questions, email coordinator Michelle Romon at michelle.romon@moorheadmn.gov.

Dates	Days	Times
Sept. 30 - March 19	Monday-Friday	5-7 am
	Thursday	7:30-9 pm
	Saturday	7-8:15 am
	Sunday	9 am-2 pm (Three different sessions)

SWIM LESSONS

Our swim program provides a comprehensive approach to swimming and water safety that teaches participants how to swim skillfully, while learning to think and act safely in, on, and around water. We recommend that swimmers come dressed in their suits and provide their own goggles. Please be on time for your scheduled session.

Participants will enter and exit through the main athletic building doors (19) located on the east side of Moorhead High School.

Location: Moorhead High School Pool (2300 4th Ave S)					
Dates	Levels	Times	Days	Ages	Fees
Sept. 21- Nov. 16	Preschool	8:30-9 am	Saturdays	3-4	\$45.00
	Preschool	8:30-9 am			
	Preschool	9:15-9:45 am			
	Preschool	10-10:30 am			
	Level 1	8:30-9 am		4+	
	Level 1	9:15-9:45 am			
	Level 1	9:15-9:45 am			
	Level 1	10-10:30 am			
	Level 2	8:30-9 am		6+	
	Level 2	9:15-9:45 am			
	Level 2	10-10:30 am			
	Level 2	10-10:30 am			
	Level 3	8:30-9 am		6+	
	Level 3	9:15-9:45 am			
	Level 3	10-10:30 am			
	Level 4	8:30-9 am			
	Level 4	9:15-9:45 am			
	Level 5	10-10:30 am			

No class October 19 - Preschool Max 4, Level 1-5 Max 6



PRIVATE SWIM LESSONS

Give your child or yourself the opportunity to learn new skills and/or refine current skills in a relaxed, one-on-one setting. Instructors will tailor the class to fit individual's needs.

Dates	Times	Day
Sept. 21-Oct. 12	10:45-11:15 am & 11:30 am-Noon	Saturdays
Oct. 26-Nov. 16		
Location	Age	Fee
Moorhead High School	4+	\$55.00

Max 6



Levels	Course Content
Preschool Swim	Recommended for first time swimmers, ages 3-4. Swimmers will be introduced to: how to safely enter and exit water, jumping from side of pool, blowing bubbles, bobbing, supported glides, and leg and arm actions.
Level 1 Swim Basics	Swimmers should be comfortable in the water and at least 4 years old. Swimmers will work on: entering and exiting water independently, going under water, and supported skills, including glides, floating, flutter kick, front crawl, elementary and backstroke arms, and jumping in.
Level 2 Water Movement	Swimmers should already be comfortable with being able to float and putting their head under water. Swimmers will work on: introduction to rotary breathing and treading water, retrieving underwater objects, jumping into water over their head, and independent skills, including floating, front crawl, elementary and backstroke arms and kicks, rolling over from front to back, and back to front.
Level 3 Stroke Introduction	Swimmers should already be comfortable swimming front stroke, swimming on their back, and jumping into water over their head. Swimmers will work on: changing positions in the water, freestyle with rotary breathing, backstroke, scissors, breaststroke and dolphin kicks, retrieving objects in deeper water, treading water for 30 seconds, jumping into deep water, and seated and kneeling dives.
Level 4 Stroke Development	Swimmers should already be able to swim front crawl, backstroke and elementary backstroke 15 yards. Swimmers will work on: freestyle with rotary breathing, backstroke, elementary backstroke, scissors kick and sidestroke, whip kick and breaststroke, intro to turning at wall, treading water for 1 minute, and diving in compact and stride position.
Level 5 Stroke Mechanics	Swimmers should already be able to swim elementary backstroke and front crawl for 25 yards, back crawl, breaststroke, butterfly, and sidestroke 15 yards, tread water for 1 minute, and perform scissors and whip kicks. Swimmers will work on: rotary breathing, treading water for 3 minutes, introduction to flip turns, and mechanics of freestyle, backstroke, elementary backstroke, sidestroke, breaststroke, butterfly, and shallow-angle dives.

WATER EXERCISE

These classes will use a mix of cardio and strength exercises to increase your flexibility, range of motion and tone your body, while maintaining low-impact on your joints. We will incorporate a variety of movements, equipment and up-beat music to enhance your workout. All ability levels are welcome! **Participants will enter and exit through the main athletic building doors (19) located on the east side of Moorhead High School.**



Dates	Day	Time	Ages	Location	Fee
Sept. 18-Nov. 13	Wednesdays	7-7:45 pm	18+	Moorhead High School	\$45.00
Jan. 8-Feb. 26					

Min 6/Max 15 • No class October 16



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YOUR ALL SPORTS RETAIL DESTINATION



PROUD SUPPORTER OF MOORHEAD PARKS & RECREATION



505 Center Ave
Moorhead, MN 56560
218.233.2751

Connect with us   @moorheadscheels

SCHEELS.com



YOUTH COED VOLLEYBALL

This fun and exciting program is designed to give 3rd-6th grade boys and girls an introduction to a sport they can enjoy well into their adult years. This six-week program will consist of skill-based drills and team building games, with some scrimmage games. Knee pads are suggested but not required. All other equipment will be provided.

Dates	Day	Times	Grades	Location	Fee
Aug. 20-Sept. 26	Tuesday and Thursday	5:30-6:30 pm	3-4	Ellen Hopkins Elementary	\$60.00
		6:45-7:45 pm	5-6		

Min 8/Max 18

SPORTS SAMPLER

This program leads youth through a variety of different sports and physical education games each week, while focusing on teamwork, skill building, and having fun!

Dates	Day	Times	Ages	Location	Fee
Oct. 8-Nov. 21	Tuesday and Thursday	5-5:45 pm	3-4	Ellen Hopkins Elementary	\$45.00
		6-7 pm	5-6		

Min 10/Max 20 ▪ No program Oct. 17 & 31, Nov. 5

GAME ON! FAMILY SPORTS DAYS

Join us at Ellen Hopkins Elementary for Family Sports Days, where fun and fitness collide! Families can come and enjoy an evening of recreation and play, with different sport equipment provided. Kids must be accompanied by a parent/guardian or other sitting. Fee will be paid onsite (cash only).

CANCELED

Dates	Day	Times
Oct. 7-Apr. 28	Mondays	5-7:30 pm
Dec. 2-19	Monday, Tuesday, and Thursdays	
Ages	Location	Fee
10 and under	Ellen Hopkins Elementary	\$5.00/day

No program Nov. 11, Dec. 23 and 30, Jan. 20, Feb. 17, Mar. 31, and Apr. 21



GREATER moorhead DAYS

SEPT. 5-14



CRUISE NIGHT

5-8:30 PM, THURSDAY, SEPT. 5
M STATE WEST PARKING LOT, 28 AVE S

Enjoy food, live music from the 3rd Street Blues Band, vendors and an exciting family-friendly atmosphere! Sponsored by the Moorhead Legion and the Moorhead Business Association.



PARADE

6 PM, FRIDAY, SEPT. 6
20TH ST (N FROM 28 AVE) TO 14 AVE S

7 PM, AFTER-PARTY
M STATE MAIN ENTRANCE, 24 AVE S

Come enjoy the parade Friday night! This years theme is "Dive into Moorhead!"

Participate in the Parade:



FM KICKS BAND

3-5 PM, SATURDAY, SEPT. 7
VIKING SHIP PARK, 202 FIRST AVE N

This free concert will showcase talented musicians spanning the genres of jazz, funk, blues and Latin and open with a performance from Fargo Folklorico! Games and crafts will be available. Come enjoy the family fun!



MEDALLION HUNT

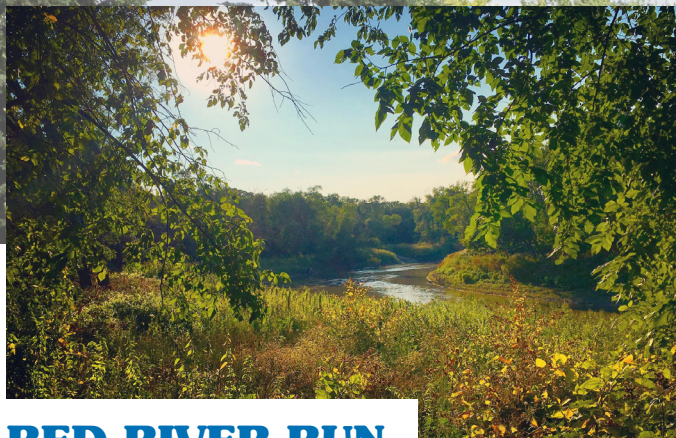
BEGINS MONDAY, SEPT. 9 AT 8 AM

Medallions will be hidden within city limits on public land. Clues will be announced daily on Big 98.7, Bob 95FM, and 107.9 The Fox.

Fantastic prizes include a grand prize of **\$1,000 in gift cards from Hornbacher's!** Clue boards will be updated daily at greatermoorheaddays.com.

Celebrate our community with a variety of fun and exciting events for all ages! The full calendar of events and registration links can be found at greatermoorheaddays.com.

Activities subject to change



MIDCO KIDS FEST

4:30-7 PM, TUESDAY, SEPT. 10
BLUESTEM AMPITHEATER, 801 50 AVE S

Free family fun with inflatable games, music, carriage and barrel car rides, a petting zoo, concessions, and so much more!

RED RIVER RUN

9 AM, SATURDAY, SEPT. 14
M.B. JOHNSON PARK, 3601 11 ST N

Join us for the 50th Annual Red River Run, hosted by Lake Agassiz Pacers! A portion of funds will be donated to Moorhead's Inclusive Playground.

fmlakeagassizpacers.com/red-river-run

Register to Run Here:



ADDITIONAL EVENTS:

Half-off Canoe & Kayak Rentals
11AM-6 PM, SATURDAY, SEPT. 7
HJEMKOMST LANDING, 202 1 AVE N

Moorhead Farmers Market
3:30-6:30 PM, TUESDAY, SEPT. 10
VIKING SHIP PARK, 202 1 AVE N

Author Visit: Cary Griffith
6:30 PM, WEDNESDAY, SEPT. 11
MOORHEAD PUBLIC LIBRARY, 118 5 ST S

Used Book Sale
5-8 PM, THURSDAY, SEPT. 12
10 AM-5 PM, FRIDAY-SATURDAY, SEPT. 13-14
MOORHEAD PUBLIC LIBRARY, 118 5 ST S

EVENTS SPONSORED BY:





MOORHEAD FARMERS MARKET

Go Fresh. Go Local.

Open Tuesdays 3:30-6:30 pm
through September 24

Live music 4-6 pm each week!
Fresh produce, pet supplies, flowers,
honey, spices, handcrafted items,
baked goods and more!

SNAP and S/FMNP benefits accepted.

Hjemkomst Center Parking Lot
202 1st Ave N

DOGGY DIP

August 12 | 3:30-7:30 PM
\$5.00 per dog

Located at Northeast Park
Wading Pool,
1817 8th Ave N

Proceeds benefit Moorhead's dog parks!

Dogs should have a collar, carry ID tags, be properly licensed, vaccinated,
and in good health to swim.

PUMPKIN PARTY PICK-UP



Thursday, October 17

Pick up supplies 3:30-5:30 pm

Location: Viking Ship Park, 202 1st Ave N, Moorhead

Submit photos of your painted pumpkins to parkandrec@moorheadmn.gov.

Winners announced on Halloween! For more information, visit moorheadparks.com.

MONSTER MASH

- TRUNK OR TREAT -



October 31, 5-7 pm

**Southside Regional Park
2000 40th Ave S, Moorhead**

Enjoy an evening of trick-or-treating at Southside Regional Park!
All ghouls, witches and zombies welcome! To get involved and host a vehicle,
find the registration form at moorheadparks.com, contact Moorhead Parks
at 218.299.5078 or email marybeth.suplee@moorheadmn.gov!



Moorhead Parks & Recreation's

Holiday Kickoff

5 pm, December 3
Hjemkomst Center

Welcome the festive season as we light the City of Moorhead's holiday trees! Enjoy music and free refreshments.

Skate with SANTA!

December 8, 2:15-4:15 pm
Moorhead Sports Center

Grab your friends and family, lace up your skates and enjoy free open skate with Santa and Mrs. Claus! Limited sizes of skates available to rent.



Sleigh Rides

Dec. 26, 28-29, 1-4 pm
December 27, 4-7 pm

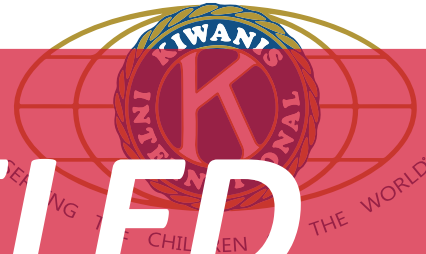
M.B. Johnson Park
3601 Oakport St N
\$5 per person
(children 2 and under free)

Take a scenic sleigh ride through beautiful M.B. Johnson Park! Reservations are available by calling 218.299.5340 after December 1. Tickets may also be purchased on-site if space allows. Free hot chocolate and cookie with all reservations.





AN OFFICIAL
FR  **STIVAL**
EVENT



CANCELED

CHILI+
FUNDRAISER

SATURDAY, FEB. 1, 2025
HJEMKOMST CENTER

Fast and reliable. Most orders ready in 24 hours or less.

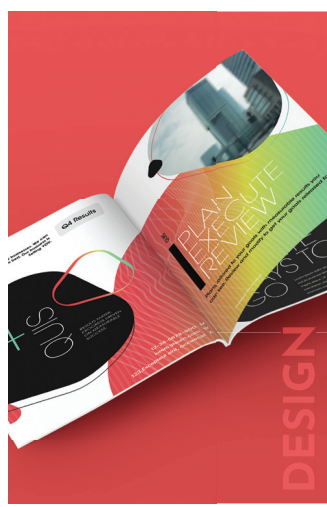
We are your local partner for print, signs, design & mail.



PRINT



SIGNS



DESIGN



MAIL

SHORTPRINTER

3005 Main Avenue, Fargo, North Dakota
(701) 364-9663 shortprinter.com f @

SAVE THE DATES FOR FROSTIVAL

JANUARY 31- FEBRUARY 8, 2025

NORTH OF NORMAL
FARGO
MOORHEAD | WEST FARGO



For Frostival activities across the metro, visit frostival.com.

PANGEA

CULTIVATE OUR CULTURES

30 YEARS ANNIVERSARY



This event is free and open to the public!

For more information visit hcsconline.org/pangea2024



Food, Activities, & Performances

Saturday, November 16, 2024
10-4pm
Hjemkomst Center, Moorhead MN

Celtic Festival



Saturday, March 15 | 10 am-4 pm | Doors 9:30 am
\$5 admission, kids 10 and under are free

Enjoy the intriguing history, arts, and traditions of Brittany, Cornwall, Isle of Man, Galicia, Ireland, Scotland and Wales at the annual Celtic Festival. Live music, demonstrations, storytelling, food and more.



PARKS AND RECREATION
moorheadparks.com



CLASS SCHEDULES

Register now for Fall Semester: Sept 7 - Nov 2, 2024

Acting

Pre-K (ages 3-5)
Kindergarten - 2nd grade
3rd - 6th grade
7th-10th grade
Adult (above 10th grade)

Musical Theatre

Kindergarten - 2nd grade
3rd - 6th grade
7th-10th grade

Adaptive Theatre

1st - 12th grade
Ages 18+

Winter Semester: January 11 - March 1, 2025

Acting

Pre-K (ages 3-5)
Kindergarten - 2nd grade
3rd - 6th grade
7th-10th grade
Adult (10th grade+)

Musical Theatre

Kindergarten - 2nd grade
3rd - 6th grade
7th-10th grade

Adaptive Theatre

1st - 12th grade
Ages 18+

One-Act

5th - 8th grade

CLASS DESCRIPTIONS

Acting

Beloved children’s books serve as the foundation for dramatic adventures. We will work together to create new characters, situations, and exciting opportunities for creative and heroic problem solving!

Musical Theatre

Students will tackle fun, challenging harmonies and choreography. Through discipline and artistic expression, students will push themselves both physically and vocally, and will develop their performance skills in a multidisciplinary environment.

Adaptive Theatre

Students will study the process of an auditioning actor to build a repertoire for future auditions. Students will have the opportunity to review and practice monologues, song choices, and dance combinations in this course.

Adult Acting

Actors will explore the core principles of acting, including voice and movement, theatre vocabulary, objectives, and obstacles, as well as the importance of risk-taking and ensemble building.



One-Act

Students will take their acting and storytelling skills to a new level by rehearsing and performing an in-studio performance of a one-act play.

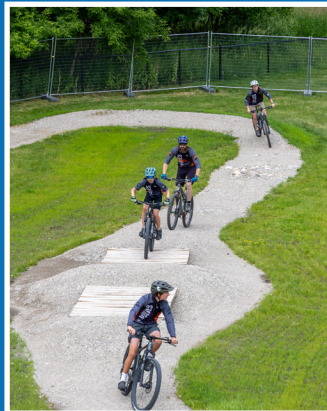
For more information and to register, visit fmct.org/education

2 NEW MOORHEAD PLAYGROUNDS

OPEN ALL YEAR FOR WINTER FUN!

INCLUSIVE PLAYGROUND

ROTARY NATURAL PLAY HILL AND BIKE PARK



Southside Regional Park: 2000 40 Ave S

Riverfront Park: 600 1 Ave N



Your Library is Here For You! Moorhead Public Library

Your library is here for you! You have free access to a large collection of books, eBooks, audiobooks, including movies and TV shows available for streaming.

Plus, take advantage of free services including meeting rooms, notary services and fantastic programs for all ages. Learn more about your library and start downloading eBooks instantly at larl.org/ebooks.



LAKE AGASSIZ
REGIONAL LIBRARY

MOORHEAD PUBLIC LIBRARY

118 5th Street South
218-233-7594

moorhead@larl.org
www.larl.org

Need a card? Sign up online
at larl.org/applyonline



**Dare
TO
Dream
With
HCSCC**
events & exhibits.

THE HISTORICAL AND CULTURAL SOCIETY OF CLAY COUNTY
@ THE HJEMKOMST CENTER

202 First Avenue North Moorhead, MN 56560 • (218) 299-5511 • www.hcsconline.org

CROSS-COUNTRY SKIING & SNOWSHOE TRAILS

Groomed trails await cross-country skiers in the following Moorhead park locations: Gooseberry, Homestead, Woodlawn, River Oaks Point, M.B. Johnson, and Viking Ship Park (illuminated trail).

Dates	Days and Times	Rental Equipment (Hjemkomst Center only)	Rental Fees (cash and check only)
December 14- March 2 <i>(weather permitting)</i>	Saturdays 10 am-4:30 pm	Ski Package	\$15.00
		Family Ski Rental	\$40.00
	Sundays Noon-4:30 pm	Snowshoes	\$10.00
		Family Snowshoe Rental	\$25.00
		Headlamps	\$5.00



OUTDOOR SKATING RINKS

Lace up your skates and join the fun at our outdoor ice skating rinks this winter! Seven of these facilities include a lighted general skating rink, hockey rink, and a heated shelter for changing skates and warming up. **Warming houses will close if the temperature is -10° or below, the wind chill is -30° or below, or the ice is deemed unsafe/unskateable.**

Dates	Days and Times	Warming Houses & Lights	No Warming House
Dec. 20-Feb. 28 <i>(weather permitting)</i> Closed Dec. 24, 25 and Jan. 1	Monday-Friday 4-8 pm Saturday & Sunday 1-8 pm Extended Hours: Dec. 23-Jan. 3, Feb. 7 - 1-8 pm Jan. 15 and Feb. 19, 1-8 pm	Hansmann Lamb Morningside Ridgewood Riverview Estates South Village Green	Alm - Lighted General Rink Voll - General Rink Trails at Stonemill - Lighted Hockey and General Rink



SLEDDING HILLS

Riverview Estates
Village Green Sixth
Horn Park
Viking Ship Park
(hill is built for Frostival events)

SNOWMOBILING

Snowmobiling in city parks is only allowed at the Trailhead parking lot located in the Centennial Athletic Complex.

Trailers unload at this location and snowmobilers can follow the trail leading out of town.

For more information, visit claytrails.org.

Senior Center

The City of Moorhead sponsors social, educational and recreational programs for citizens 55 and older.

Hjemkomst Center, 202 1st Ave N, Moorhead | Monday-Friday, 8 am-4:30 pm | moorheadseniors.com
Email moorheadseniors@moorheadmn.gov or call 218.299.5514 for the Senior Connections newsletter.

Weekly Activities

ARTIST GROUP: Thursday 1-3 pm

BRIDGE: Monday, Thursday, Friday 12:30-4 pm

DOUBLE PINOCHLE: M, W, F 8:30 am-noon

GROUP SINGING: Tuesday 10:30-11:30 am

MAHJONG: Tuesday 1-4 pm

WHIST: Monday, Tuesday, Friday 1-4 pm



SENIOR MEALS

Monday-Friday 11:45 am

Call 218.299.5519 between 10 am and 12:30 pm the day prior for reservations.

Enjoy a hot, nutritious, congregate meal! Monthly menu calendars are available online at moorheadseniors.com. Suggested donation is \$4 for anyone age 60 and over, \$8 for those under 60.

  @moorheadseniors

Monthly Events

BINGO

First Wednesdays, 1-3 pm: 25¢ for 2 cards/game and 35¢ for 3 cards/game. Final game is black out and 25¢ per card. Win prizes!



MEMORY CAFE

Second Wednesday 1-2:30 pm

Memory Cafe is a free social gathering where people experiencing mild to moderate memory loss, and their care partners, come together in a safe, supportive, and welcoming environment.



BREAKFAST CLUB

Third Thursday. Breakfast starts at 8:45 am, speaker at 9:30 am. Easten Fryn' Pan, 2920 Hwy 10 E

Each month features a guest speaker. Breakfast will be on your own, ordered off the menu. Space is limited. Register by calling 218.299.5514 or online at moorheadparks.activityreg.com.

QUILTING GROUP

Second and Fourth Wednesdays, 12:30-4 pm

Socialize with other creatives while working on your own project. All skill levels welcome.



PICKLEBALL

Mondays and Thursdays 12:30-2:30 pm, Age 55+

October 14, 2024-April 28, 2025

\$5.00/day or \$40.00/10 punches punchcard

Community Life Center-Good Shepherd, 4000 28th St S, Moorhead

The rules are simple and easy for beginners to learn. Visit pickleball.com for more information and rules of game play. Instructors are not at the location, and those attending will rotate play. Paddles are available upon request and space is limited. No registration required.

No pickleball: Oct. 24, Nov. 11 and 28, Jan. 20, Feb. 17



VALLEY TRIAD

Meets the last Tuesday of the month 9:30 am, Hjemkomst Center

Valley Triad is seniors, service agencies and law enforcement working together. Valley Triad is a nonprofit that meets monthly to develop projects and educational programs for Cass-Clay county seniors.

Upcoming Safety Events:

- 2024 Senior Safety Academy is Thursday, September 12 from 8:30 am-1:30 pm. Register by calling 218.299.5514. Features guest speakers, vendors, door prizes and more.
- "911, What's Your Emergency?" Safety Seminar on Wednesday, November 20 from 1-3 pm



FLANNEL & FRIENDS FALL SOCIAL

October 2, 12-1:30 pm

Register online at moorheadparks.activityreg.com or by calling 218.299.5519.

This event is designed to be a warm, inviting gathering that encourages participation, laughter, and the making of fond memories.

\$7/person includes lunch from Concordia Catering.



MOVEMENT EDUCATION

First Wednesday of the month, 10-11 am

Free to attend. Registration and more information available online at moorheadparks.activityreg.com or call 218.299.5514.

Each month features different discussion topics while showing movement exercises. No program in October and December.



JINGLE BELL HOP PARTY

December 4, 12-1:30 pm

Register online at moorheadparks.activityreg.com or by calling 218.299.5519.

Time for a festive holiday party with food, live music and more!

Price is \$7/person and includes lunch from Concordia Catering.



VOLUNTEER

Your time and talents as a volunteer ensure the success of our community programs and events and help to keep our city looking beautiful! Visit moorheadparks.com/volunteering for more information!

RIVER BEAUTIFICATION

On-the-Water Cleanup

August 5 • 6-8 pm • Hjemkomst Center Parking Lot

Experienced paddlers only. Requirements: Participants MUST be comfortable in a canoe and willing to get wet and dirty. If interested, sign up by emailing info@riverkeepers.org.

SPECIAL EVENTS

Midco Kids Fest • September 10 • 4:30-7 pm • Bluestem Center for the Arts

Assist with inflatable games and kid-friendly activities.

Frostival • January 25 • 11 am-3 pm • Hjemkomst Center

Assist with chili feed, outdoor games, hot chocolate station and fire pits.

Celtic Festival • March 15 • 10 am-3 pm • Hjemkomst Center

Volunteers serve as room hosts, event greeters and concessions staff.

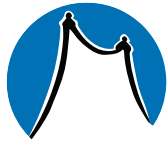
BEAUTIFICATION

Thank you to all volunteers that helped with the beautification program this spring and summer!

If you would like to volunteer this fall to help keep our city clean and beautiful, call 218.299.5448.

Visit moorheadparks.com to learn more about locations that are available to adopt in the Moorhead area.

We welcome both small and large groups, individuals and families!



Moorhead Parks & Recreation Scholarship Application

It is our goal to offer financial assistance to any and all Moorhead youth looking to participate in our programs. To apply, please submit the scholarship application, registration form (page 41), and evidence of the household's annual income, e.g. a recent federal tax return, benefits letter or free or reduced lunch letter from your school. Scholarships are available for all programs to youth ages 17 years and younger.

Applicants must be residents of Moorhead.

**All forms must be completed in full.
Any missing or incomplete information will automatically be denied for a scholarship.**

**If approved, qualifying youth may be eligible to receive three qualifying scholarships per year.
(Three total per calendar year with a maximum of two per season.)**

Household size	Maximum household income
1	\$59,300.00
2	\$67,800.00
3	\$76,250.00
4	\$84,700.00
5	\$91,500.00
6	\$98,300.00
7	\$105,050.00
8	\$111,850.00

Name of Scholarship Recipient (Please list all household members when applying for a Family Pool Pass)	Date of Birth	Grade

Number of people in your household: Adults _____ Children _____ Total _____

Eligibility Release Form

I certify that my information is accurate and complete. I authorize grantee to verify information provided, if necessary.

Signature

Relationship

Date

WARNING: False statements or misrepresentations listed on this form may result in the loss of approved scholarships.

All forms can be emailed, dropped off or mailed to:

**Moorhead Parks and Recreation
Scholarship Program
1300 15 Avenue North
Moorhead, MN 56560
parkandrec@moorheadmn.gov**

OFFICE USE ONLY

Date Received: _____ Approved: _____ Office Personnel: _____

FACILITIES

REGIONAL PARKS

Acreage Ball Field Basketball Courts Electricity Grill Hockey Rink Recreation Center Picnic Tables Play Equipment Pleasure Rinks Restrooms Shelter Fee Sledding Hill Soccer Nets Tennis Courts Wading Pools Water Pickleball

1. Horizon Shores Park	3801 24 Ave S	33.91		•		•			•	•					•		•	•
2. M.B. Johnson Park	3601 Oakport St N	109.67			•	•			•	•		•	•					•
3. Southside Regional Park	2000 40 Ave S	121.37	•		•				•	•				•				•
4. Robert A. Fogel Riparian Forest	898 50 Ave S	42.64																

COMMUNITY PARKS

5. Davy-Memorial	111 8 St N	28.86		•	•				•	•		•						•
6. Gooseberry Mound Park	100 22 Ave S	43.75			•	•			•	•		•	•					•
7. Viking Ship Park	202 1 Ave N	11.77			•				•					•				
8. Woodlawn Park	400 Woodlawn Park Dr	28.86		•					•	•				•				

PARK FACILITIES

9. Centennial/Athletic Complex + Dog Park	2600 15 Ave N	104.70	•		•	•			•	•		•						•
10. Historic Log Cabin	109 8 St N				•				•	•		•						•
11. Hjemkomst Center + Stave Church	202 1 Ave N	5.49			•						•	•						•
12. Matson Memorial Field	1010 13 Ave N	6.71	•		•				•	•								•
13. Moorhead Municipal Pool	800 19 St S	2.80			•				•			•	•				•	•
14. The Meadows Public Golf Course	401 34 St S	178.16			•				•									•
15. Parks + Public Works Administration Offices	1300 15 Ave N				•						•							•
16. Village Green Public Golf Course	3421 Village Green Blvd	163.65			•				•									•
41. Natural Playhill and Bike Skills Course at Riverfront Park	600 1 Ave N								•	•		•						
3. Inclusive Playground at Southside Regional Park	2000 40 Ave S	121.37	•		•				•	•				•				•

NON-PARK FACILITIES

Community Life Center (Good Shepherd)	4000 28 St S	N/A		•	•							•						•
Ellen Hopkins Elementary	2020 11 St S	N/A	•	•	•				•			•						•
Moorhead High School	2300 4 Ave S	N/A	•	•	•							•			•			•
Horizon Middle School	3601 12 Ave S	N/A N/A	•	•	•							•						•
Moorhead Sports Center	2400 4 Ave S	N/A			•		•					•						•

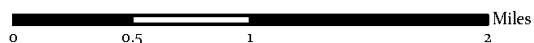
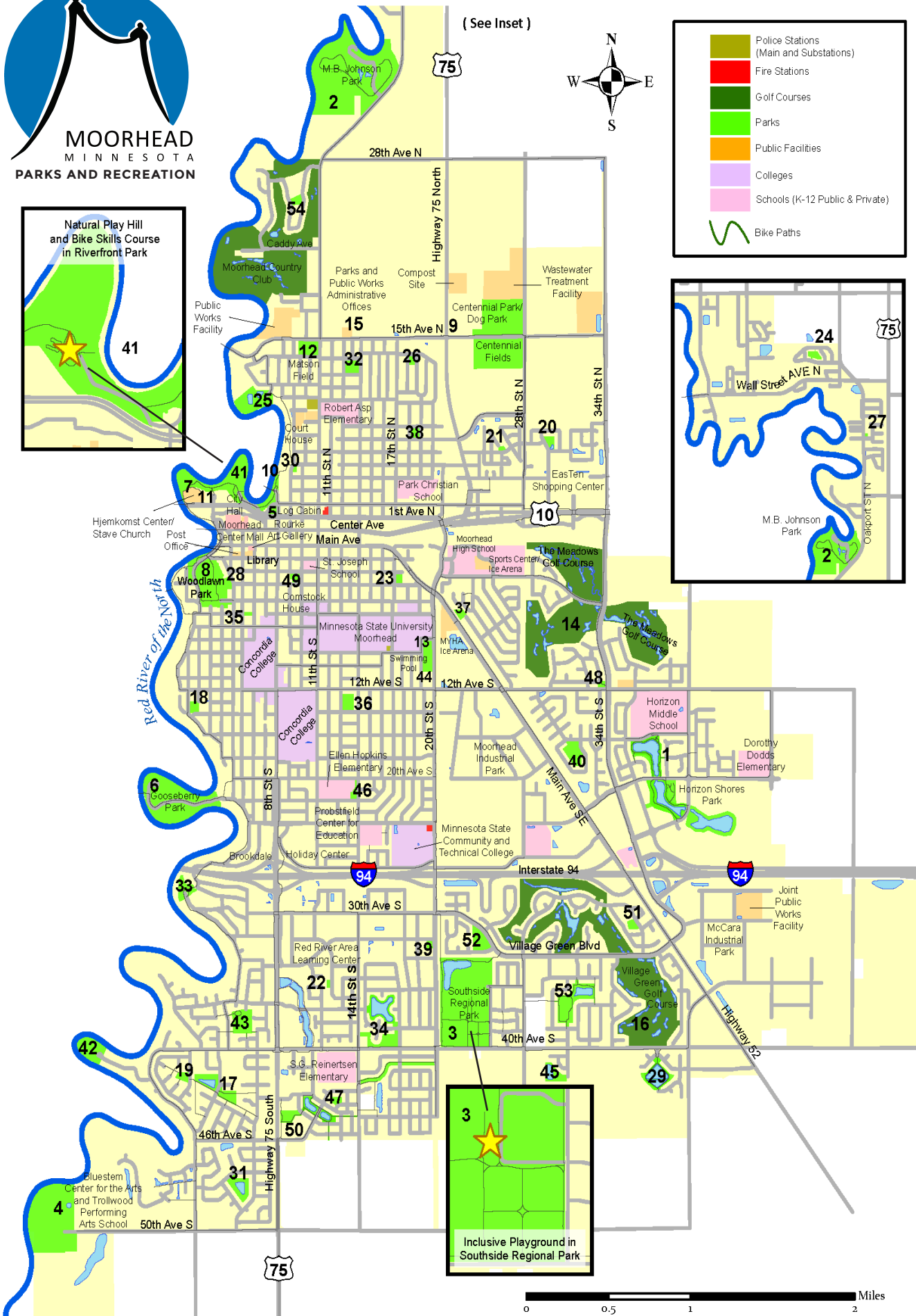
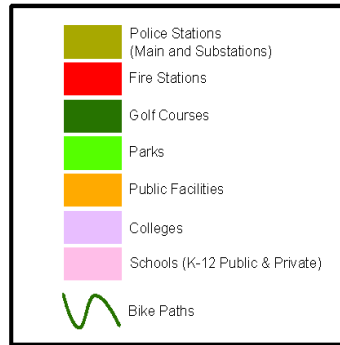
FACILITIES

NEIGHBORHOOD PARKS

		Acreage	Ball Field	Basketball Courts	Electricity	Grill	Hockey Rinks	Recreation Center	Picnic Tables	Play Equipment	Pleasure Rinks	Restrooms	Sledding Hill	Soccer Nets	Tennis Courts	Wading Pools	Water	Pickleball
17. Allyson Park	4320 3 St S	4.07								•				•				
18. Alm Park	1300 Elm St S	2.35		•	•			•	•	•	•	•		•	•		•	•
19. Angelas Park	4121 2 St S	2.00		•					•	•								
20. Arbor Park	530 30 St N	2.29							•	•								
21. Arrowhead Park	2600 6 Ave N	0.55		•					•	•								
22. Belsly Park	3511 12 St S	0.68				•			•	•							•	
23. Bennett Park	302 17 St S	1.84		•		•			•	•								
24. Brentwood Acres Park	1006 62 Ave N	4.70		•					•	•								
25. Bridgeview + Org. Homestead Park	1002 7 St N	14.24								•								
26. Buland Park	1801 13 Ave N	1.47		•						•				•				
27. Crystal Creek Park	1700 51 Ave N	1.00								•								
28. Daily Park	301 3 Ave S	0.013																
29. Evergreen Meadows	3801 41 Ave S	10.61								•								
30. Five Nine Park	412 9 St N	0.60							•	•								
31. Hampton Park	499 Hampton Dr W	7.4								•				•				
32. Hansmann Park	1320 12 Ave N	4.30	•	•	•		•	•		•	•	•		•	•	•	•	
33. Horn Park	3001 Rivershore Dr S	5.02											•					
34. Johnson Farms	1599 Johnson Dr S	17.10		•						•				•				
35. Knapp Park	525 6 St S	0.55								•								
36. Lamb Park	1320 14 Ave S	4.06	•	•	•		•	•	•	•	•	•					•	
37. Morningside Park	455 Oak Way	1.43		•	•	•	•	•	•	•	•							
38. Northeast Park	1817 8 Ave N	2.06	•	•	•	•		•	•	•		•		•		•	•	
39. Queens Park	3201 20 St S	1.16		•		•			•	•								
40. Ridgewood Park	1818 31st St S	7.13	•	•			•	•	•	•	•	•		•		•	•	
41. Riverfront Park	600 1 Ave N								•	•			•					
42. River Oaks Park + Dog Park	100 River Oaks Point	11.46																
43. Riverview Estates Park	3801 5 St S	9.54	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
44. Romkey Park	900 19 St S	7.05	•	•	•		•	•		•		•					•	
45. Shepherd Park	4201 31 St S	5.60																
46. South Park	2101 14 St S	1.50		•	•		•	•	•	•	•	•					•	
47. Stonemill Park	1209 45 Ave S	1.49		•						•								
48. The Meadows Park	3303 11 Ave S	0.41								•								
49. Townsite Park	311 10 St S	2.61							•	•				•				
50. Trails at Stonemill Park	4449 Blue Stem Way	3.97		•			•		•	•	•							
51. Village Green East	3601 Village Green Dr	1.79								•				•				
52. Village Green Park	2601 Village Green Blvd	6.96	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
53. Village Green Sixth	3050 38 Ave S	17.39		•						•								
54. Voll Park	2514 Fairway Dr	2.08							•	•	•							



(See Inset)





Moorhead Parks & Recreation
1300 15 Avenue North
Moorhead, MN 56560



THREE EASY WAYS TO REGISTER

ONLINE: moorheadparks.activityreg.com | PHONE: 218.299.5340 | MAIL

To request this information in a different language, please contact: 218.299.5340

Para solicitar esta información en otro idioma, comuníquese con: 218.299.5340

Ji bo daxwaza vê agahdariyê bi zimanekî din, ji kerema xwe re têkiliyê pêve bikin: 218.299.5340

ب لاصتالای چری ، ؤفل تخم ؤغب تامول عم لاهذه بلطل 218.299.5340

Si aad u codsato macluumaadkan oo ku qoran luqad kale, fadlan la xiriir: 218.299.5340