

Weekly Activities

- **Artist Group:** Thursdays, 1-3 pm
- **Bridge:** Mon, Thur, Fri, 12:30-4 pm
- **Double Pinochle:** Mon, Wed, Fri, 8:30 am-12 pm
- **Mahjong:** Tuesdays, 1-4 pm
- **Whist:** Mon, Tue, Fri, 1-4 pm
- **Group Singing:** Tuesdays, 10:30-11:30 am

April 2024

1 BBQ beef patty/bun Baked beans Steamed corn Snickerdoodle cookie	2 Buttermilk chicken Garlic whipped potatoes Glazed carrots Peach kuchen	3 BINGO 1-3 pm Smothered pork chop Baked potato Dinner roll Confetti coleslaw Oatmeal raisin cookie	4 Dijon chicken Smashed potatoes Apricot halves Hershey brownie	5 Lasagna Breadstick Steamed cauliflower Pineapple tidbits Chocolate chip cookie
8 Baked chicken thigh Rosemary roasted potato Diced peaches Chocolate pudding	9 Lemon pepper fish Vegetable rice pilaf Creamed peas Banana Rice Krispie bar	10 Memory Cafe 1-2:30 pm Quilting Group 12:30-4pm Bronze pork loin Scalloped potatoes Dinner roll Applesauce Heath cookie	11 Chicken and noodles Steamed baby carrots Tossed salad/ranch Zebra brownie	12 Meatloaf Baked potato Stewed tomatoes Dinner roll Peanut butter cookie
15 Potato chip breaded fish Whole wheat bun Baked sweet potato Green bean almondine Cranberry cookie	16 Lutheran hotdish Steamed peas Dinner roll Diced pears Blonde brownie	17 Celebrate birthdays! Tarragon chicken Parsley buttered potato Crinkle cut carrots Chocolate cake	18 Breakfast Club at Fryn' Pan Sweet & sour pork Brown rice Mixed vegetables Tropical fruit Oatmeal scotchie cookie	19 Country meatballs Mashed potato/gravy Steamed beets Dinner roll Apple crisp
22 Chicken wild rice hotdish Steamed corn Pineapple tidbits Vanilla pudding	23 Salisbury steak Mashed potato Apricot halves Dinner roll Cinnamon sandwich bar	24 Quilting Group 12:30-4pm Citrus glazed fish Au gratin potatoes Seasoned green peas M & M cookie	25 Sloppy joe/bun Parsley carrots Potato salad Hershey brownie	26 Chicken marsala Baked sweet potato Dinner roll Fresh apple Crackerjack cookie
29 Beef stew Winter blend veggies Biscuit Tropical fruit Molasses cookie	30 Valley Triad Mtg 9:30 am Tuna noodle hotdish Peas and carrots Dinner roll Banana Peanut butter brownie		Please call 218-299-5519 With any questions or concerns. Menu is subject to change.	NSI provides this service in part, under the Federal Older Americans Act through a contract with the NWRDC under an area plan approved by the Minnesota Board on Aging.

Enjoy a hot, nutritious, congregate meal! If you are 60 or older the suggested donation is \$4. The cost is \$8 if you are under 60.

Please call 218.299.5519 between 10 am-12:30 pm the day prior for reservations.

Monday-Friday (except holidays) | 11:45 am | Hjemkomst Center, 202 1st Ave N, Moorhead, MN 56560