



# Volunteer Registration Form

**April 17-23, 2023**

**Celebrate Earth Week and help keep our city clean!**

**Volunteer in various locations.**

**Parks, Red River Trails, Streets & Ponds**  
[See locations here!](#)

Please return by Friday, April 21, 2023 to:

**Moorhead Parks and Recreation**

**Attn: Restore Moorhead**

**1300 15<sup>th</sup> Ave N**

**Moorhead, MN 56560**

**Or email**

**[josie.gereszek@moorheadmn.gov](mailto:josie.gereszek@moorheadmn.gov)**

**Group Name:** \_\_\_\_\_ **Leader's Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **# of volunteers (estimate)** \_\_\_\_\_

**Area in which our group would like to volunteer (circle top two)**

[View available sections for each here!](#)

**Park**

**Red River Trail**

**Street**

**Pond**

**Preferred Location (top 3):** \_\_\_\_\_

**Example:** *Gooseberry Park, Zone 4-Adopt the Red, A1- 8<sup>th</sup> Street S, Hampton Pond #2*

## Why do we need your help?

- Litter is unsightly - it destroys the aesthetics of our beautiful parks, river and City.
- Litter impacts water quality – the greatest threat to the Red River, our drinking water source, is non-point source pollution.
- Litter is expensive – we hire seasonal workers to pick up litter and empty trashcans for five months each year and still we cannot keep up with the problem.
- A litter-free community is inviting to visitors, prospective new citizens and businesses.

## What are the adopter's responsibilities?

- Choose an area in which you would like to volunteer. The list can be found [here!](#)
- Assist with litter pickup, flowerbed weeding, raking leaves and twig/small branch pickup.
- Bring a first aid kit.
- Encourage participants to bring a cell phone.
- Be prepared to move out of way of bicyclists, in-line skaters, and pedestrians on the recreational paths.





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- Watch footings when close to river, on steep or muddy banks, or near dams.
- Avoid poison ivy. (Leaves of three, let them be.)
- Discontinue work in inclement weather, especially during times of reduced visibility, during electrical storms, and during other daylight conditions.
- Avoid over exertion, drink plenty of water especially on warm, humid days.
- Volunteers under the age of 18 must be supervised by a responsible adult.
- Recommend wearing long pants, shoes or boots (no open toes or sandals), heavy leather gloves, and sunscreen/bug repellent.
- Suggested ratio: 1 adult to 10 youth (ages 12 and under)
- Do not attempt to remove homeless sites or suspected toxic/hazardous substances, needles, sharp objects or objects too heavy or large to move – note the approximate location and notify Public Works.
- Leave filled garbage bags in the existing garbage cans or right next to them.
- The adopter or group shall be considered as independent contractors and not as employees of Moorhead Parks and Recreation for any purpose, such as worker's compensation, medical insurance, nor any job benefits normally provided to Moorhead Parks and Recreation employees.
- Each adopter or one time group does hereby agree to indemnify and hold harmless the City, its agents and employees from all costs, including attorney fees, as a result of any personal injury to any individual and/or group, or other person, or property damage to city property or any other person's property caused by, or as a result of his or her actions while performing the responsibilities under this Restore Moorhead Program.
- The adopter or group representative shall provide a copy of the "Responsibilities" to each and every volunteer/participant performing clean-up activities.
- Emergency Numbers:
  - Moorhead Parks and Recreation 218.299.5340
  - Red River Regional Dispatch 701.451.7660
  - Emergency 911

## **Contact Parks and Recreation, 1300 15<sup>th</sup> Ave N, 218.299.5340:**

- Schedule your pick-up time to get garbage bags, pickers and disposable gloves.
- Call when cleanup is completed so staff can promptly pick up garbage bags the following day.
- Return unused gloves, garbage bags, pickers, and other equipment to Parks and Recreation.

**At the completion of your volunteer shift, please complete and return the attached evaluation form to [josie.gereszek@moorheadmn.gov](mailto:josie.gereszek@moorheadmn.gov).**





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If, in the judgment of Moorhead Parks and Recreation, it is determined that the individual and/or group had failed to perform the clean-up in a manner acceptable to Moorhead Parks and Recreation or it otherwise did not follow the spirit and intent of this agreement, Moorhead Parks and Recreation may terminate this agreement upon notice to the Group.

By your signature below you hereby agree to the terms and conditions set forth in this agreement and the Restore Moorhead responsibilities. By your signature, you are the designated Restore Moorhead Representative to represent yourself and your group of volunteers.

\_\_\_\_\_  
Volunteer Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Josie Gereszek  
Recreation Coordinator  
City of Moorhead  
218.299.5078  
[josie.gereszek@cityofmoorhead.com](mailto:josie.gereszek@cityofmoorhead.com)

\_\_\_\_\_  
Date





**Parks and Recreation**

1300 15<sup>th</sup> Ave N | Moorhead, MN 56560 | 218.299.5340  
moorheadparks.com | parkandrec@cityofmoorhead.com

**City Beautification Evaluation Form**

**Group Name:** \_\_\_\_\_ **# of volunteers:** \_\_\_\_\_

**Contact Name:** \_\_\_\_\_ **Date of cleanup:** \_\_\_\_\_

**What City Beautification Program did you participate in?**

\_\_\_\_ Adopt A Park      \_\_\_\_ Adopt the Red      \_\_\_\_ Adopt A Street  
\_\_\_\_ Adopt A Pond      \_\_\_\_ Adopt A Flowerbed

Time spent volunteering? \_\_\_\_\_ How many bags of trash did you pick up? \_\_\_\_\_

Where did you find the trash garbage? \_\_\_\_\_

Location and description of hazardous materials found: \_\_\_\_\_  
\_\_\_\_\_

Location and description of large objects found: \_\_\_\_\_  
\_\_\_\_\_

Location and description of graffiti or vandalism found: \_\_\_\_\_  
\_\_\_\_\_

What interesting things did your group find? \_\_\_\_\_

What did you enjoy about the cleanup? \_\_\_\_\_

Suggestions/comments: \_\_\_\_\_

**Specific to Flowerbeds**

How many flowers did you plant? \_\_\_\_\_ Donation Value: \$ \_\_\_\_\_

Suggestions/comments: \_\_\_\_\_

**Please return completed form to Josie Gereszek:**

**[josie.gereszek@moorheadmn.gov](mailto:josie.gereszek@moorheadmn.gov) or 1300 15 Ave N, Moorhead, MN 56560**