



Healthy Feet PROGRAM

FRIDAY, NOVEMBER 4TH

HJEMKOMST CENTER-WILLOW ROOM, 202 1ST AVE N, MOORHEAD

8:30-11:30 AM | \$40 - CASH/CHECK ONLY
REGISTER BY CALLING 218.299.5514

Clinics are led by Bev Gravdahl, a Registered Faith Community Nurse with a passion for foot care and serving older adults. The cost of a treatment is \$40 and includes: foot/lower leg health assessment, Epsom salt foot soak, debridement, nail trim and file, softening of corns/calluses, exfoliation, and lower leg/foot massage.

Care for your feet can add years to your life - and certainly improve your quality of life!

moorheadparks.com