

# FREE!!

## Fall Senior Safety Academy

# 9-1-1: What's Your Emergency?

*Would you know what to do in an emergency?*

Join us on September 25th to hear from experts from Sanford on strokes, heart attacks and CPR, plus a pharmacist from Walgreens, who will answer some common medication questions.

### **Schedule**

- 9:00 Vendor booths and flu shots (bring insurance card)
- 10:00 Welcome
- 10:15 Strokes
- 11:00 Heart Attacks
- 11:45 CPR Demonstration
- 12:00 Lunch and vendor booths
- 1:00 Pharmacist
- 1:45 Wrap-up (evaluations and survey)

*Registration is mandatory.*

*To register, please call 218-299-5340*



*September 25, 2019*

Hjemkomst Center  
202 1st Avenue North  
Moorhead, MN

Thank you to our event sponsors:



**SANFORD**  
HEALTH